

SECOND NINE WEEKS MASTERY GUIDE

SEVENTH GRADE

HEALTH	P. E.	MUSIC	GUIDANCE		
<p>~ Nutrition -- <i>The students will understand nutrition principles such as the food pyramid, serving sizes, storage and preparation and the identification of nutrients and minerals.</i></p> <p>~ Disease prevention and control -- <i>The students will understand attitudes and behaviors for preventing and controlling diseases (ex. HIV/Aids, STD's, cardiovascular and stroke, diabetes, hypertension, etc.).</i></p>	<p>~ Students will perform a variety of movement skills involving spatial movement.</p>	<p>~ Exploring musical elements of melody, harmony and rhythm</p>	<p>~ Safety ~ Decision Making ~ Community/Service ~ Career Development</p>		

These standards may be introduced at a different time during the school year dependent on individual school schedules.