

# FIRST NINE WEEKS MASTERY GUIDE

## SEVENTH GRADE

<b>HEALTH</b>	<b>P. E.</b>	<b>MUSIC</b>	<b>GUIDANCE</b>		
<p>~ Personal health and wellness                      -- <i>Students will understand the role of personal hygiene practices, body systems and physical activity as it relates to healthful living.</i></p> <p>~ Emotional, social and mental health                      -- <i>The students will understand the importance of a positive self-concept and healthy interpersonal relationship; how positive social, emotional and mental practices promote healthful living.</i></p>	<p>~ Students will understand and apply basic rules and procedures in games and activities.                      ~ Students will display proper social interaction in a variety of physical activities.</p>	<p>~ Exploring music through vocal and instrumental literature</p>	<p>~ Interpersonal Skills                      ~ Conflict Resolution                      ~ Goal Setting                      ~ Study Skills                      ~ Classroom Skills</p>		

These standards may be introduced at a different time during the school year dependent on individual school schedules.